

Castleshaw Centre

Suggested Clothing List [Residential courses]

Washing things: Soap, face cloth
large towel
toothbrush and toothpaste
comb/hairbrush

Clothes: Tracksuit bottom or trousers [preferably not jeans]
“T” shirts
Socks [including thick soled socks to wear with walking boots if possible]
Pyjamas/nightdress
Outdoor coat
Warm tops/jumpers
Handkerchiefs
Indoor shoes/trainers
if available - Wellingtons
Waterproof coat and trousers

Autumn & Spring Terms: Gloves, scarf and hat.

Summer Term: Sun hat and sun lotion.
[Please note that if you do not send suitable sun cream we will provide your child with some].

Medication: Please ensure you bring any prescribed medicines you may need including Asthma inhalers and hay fever tablets.

Do not bring: Large amounts of money, electronic games, hair dryers or knives. Please note that if you bring items such as cameras or binoculars it is at your own risk.